



Westwood High School Cross Country Camp



GRADE LEVEL:	8 th -12 th graders
LOCATION:	Westwood High School
FOCUS:	Running mechanics, training principles and conditioning.
DAYS:	Mondays - Fridays
DATES:	May 31st - August 1st
TIME:	5:30 PM to 7:30 PM (end times may vary)
FEE:	Free
CONTACT:	Nathan Beaty, Nate.a.beaty@gmail.com or CoachBeaty.com

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	
<p>I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.</p> <p>Parent Signature: _____</p> <p>I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO</p>	
<p>Does your child have health conditions/concerns of which staff should be aware? If so, please explain:</p> 	