



# Summer Weight Camp



<b>GRADE LEVEL:</b>	9th - 12th
<b>LOCATION:</b>	Skyline High School Weight Room and Practice Fields
<b>FOCUS:</b>	Weight Room Technique and Development and Skyline Football Drills, Technique and Skill Development  <b>Athletes will need to bring a water jug, gym shoes, and cleats</b>
<b>DAYS:</b>	<b>Monday - Thursday</b>
<b>DATES:</b>	<b>May 23rd - August 4th</b>
<b>TIME:</b>	6:00am – 8:00am (10th - 12th graders) 7:00am – 9:00am (Freshman)
<b>FEE:</b>	\$40 - Online and \$50 - School Bookstore
<b>CONTACT:</b>	Coach Adam Schiermyer <a href="mailto:aschiermyer@gmail.com">aschiermyer@gmail.com</a> or 480-516-1136

**Register online** <https://az-mesa.intouchrecepting.com/> or submit registrations to:

Skyline Bookstore 845 S. Crismon Rd. 85208-2564

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
<b>Parent Signature:</b> _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	
<b>PAYMENT:</b> To pay by debit card or credit card and register online at <a href="https://az-mesa.intouchrecepting.com/">https://az-mesa.intouchrecepting.com/</a> . For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above. Check # _____ Check amount \$ _____	
For office use only: Item # D1340a Q5 2022	