



# Skyline Football

## 2023



# Summer Weight Camp

<b>GRADE LEVEL:</b>	9th - 12th Graders
<b>LOCATION:</b>	Skyline High School Weight Room(s) and Football Fields
<b>FOCUS:</b>	Weight Room Technique and Development and Skyline Football Drills, Technique and Skill Development  <b>Athletes will need to bring a water jug, gym shoes, and cleats...If athletes do not have skyline football issued grays and greens, they need to wear a plain white t-shirt and black shorts.</b>
<b>DAYS:</b>	<b>Monday - Thursday</b>
<b>DATES:</b>	<b>May 30th - July 28th</b>
<b>TIME:</b>	7:00 am - 9 am (10th - 12th graders) Main Weight Room 7:00 am - 9 am (Freshman) Annex
<b>FEE:</b>	\$60 - Online and \$70 - School Bookstore
<b>CONTACT:</b>	Head Coach Adam Schiermyer <a href="mailto:apschiermyer@mpsaz.org">apschiermyer@mpsaz.org</a> or 480-516-1136 (text)

Register online <https://az-mesa.intouchrecepting.com/> or submit registrations to:  
Skyline Bookstore 845 S. Crismon Rd. 85208-2564

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
<b>Parent Signature:</b> _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	
<p><b>PAYMENT:</b> To pay by debit card or credit card and receive a discount, register online at <a href="https://az-mesa.intouchrecepting.com/">https://az-mesa.intouchrecepting.com/</a> For online payment questions please email <a href="mailto:mpswebpay@mpsaz.org">mpswebpay@mpsaz.org</a>. For camp-related questions, contact the coach listed above. For camp-related questions, contact the coach listed above.</p>	
Check # _____ Check amount \$ _____	
For office use only: Item # D1304a Q5 2023	