

Mountain View Cross Country Summer Camps



GRADE LEVEL:	Incoming 4 th - 8 th graders (should be able to run continuously for 10 minutes)		
DAYS:	Tuesday, Wednesday and Friday		
DATES:	June 14 th – July 23 rd		
TIME:	6:00 - 7:15 a.m.		
GRADE LEVEL:	Incoming 9 th - 12 th graders		
DAYS:	Monday, Tuesday, Wednesday, Friday (Thursdays on your own)		
DATES:	June 14 th - July 30 th		
TIME:	6:00 - 7:45 a.m.		
LOCATION:	Mountain View High School Track Entrance		
FOCUS:	Cross Country training principles, running form, and conditioning.		
FEE:	\$40 online registration \$50 mail in/bookstore		
CONTACT:	Ronnie Buchanan <u>rsbuchanan@mpsaz.org</u> , Russ McElhaney <u>rmcelhaney@mpsaz.org</u>		

SAVE \$10, REGISTER ONLINE https://mpswebpay.mpsaz.org or submit registration below to: Mountain View High School bookstore 2700 E. Brown Rd. Mesa, AZ 85213

Student Name:		Grade:	
Parent/Guardian:		School:	
Phone: (H)	(C)	Student ID#:	
Email:			
Emergency Contact	Name:		
Phone: (H)	(C)		
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.			
Parent Signature:			
I give permission to photograph my child during camp participation for publicity use and/or news release. YES NO			
Does your child have	health conditions/concerns of which	staff should be aware? If so, please explain:	
PAYMENT:			
To pay by debit card or credit card and receive a discount, register online at https://mpswebpay.mpsaz.org .			
For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above.			
Check #	Check amount \$		
Make checks payable to Mesa Public Schools.			
For office use only:	Item # D1309a Q5 2021		

