



War Eagle Volleyball Training



Who: Girls who play for War Eagle Volleyball Club.
 Where: Westwood High School Weight Room

For	War Eagle Volleyball Club Players	
Date:	Mondays and Wednesdays 4:30-5:30 Jan 7 th - 30 th Feb 4 th -27 th (no training 2/18 presidents day) March 4 th -27 th (no training 3/11 and 3/13 for spring break) April 1 st -25 th	
Days:	Various	
Location:	Westwood High School Weight Room	
Cost:	Pay by the month Jan- \$35 Feb- \$30 March- \$25 April - \$35	One time payment for all sessions \$115 (\$10 discount)
Details:	Speed, strength, agility and vertical training. Girls will be utilizing the vertimax.	
Contact:	Barbara Drake 602-430-6704 wareaglevbc@gmail.com	

Register online <https://mpswebpay.mpsaz.org> or submit registrations to
 Westwood Bookstore 945 West 8th St. Mesa, AZ 85201

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
Parent Signature: _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain: 	
PAYMENT: To pay by debit card or credit card, register online at https://mpswebpay.mpsaz.org . For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above. Check # _____ Check amount \$ _____ Make checks payable to Mesa Public Schools.	
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