

# Skyline Summer Strength and Speed Camp 2018



**Who:** 8-12 grade

**When:** Monday-Thursday (Varsity/JV 7-9am, Freshmen 5-7pm)

**Dates:** May 30st – June 28th

**Cost:** \$80 online - \$90 bookstore

Description: This program focuses on **DEVELOPING THE OVERALL ATHLETE**. Sessions involve strength, mobility, flexibility, balance, agility & speed, along with both cardiovascular & muscular endurance training. We focus heavily on **improving functional athletic movement**. **Our goal is very simple...Get more athletic. Get more explosive.**

**Register online at <https://mpswebpay.mpsaz.org>. or mail registration to Skyline High School  
Bookstore: 845 S. Crismon Road, Mesa, AZ 85208**

*\*cash will not be accepted and walk-ups will not be admitted at the time of camp*

Student Name:	Grade: _____ Age: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#:
Email:	
Emergency Contact Name:	Shirt Size: <input type="checkbox"/> Youth <input type="checkbox"/> Adult
Emergency Contact Phone:	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
<b>Parent Signature:</b> _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	

<p><b>PAYMENT:</b></p> <p>To pay by debit card or credit card and receive a discount, register online at <a href="https://mpswebpay.mpsaz.org">https://mpswebpay.mpsaz.org</a>.</p> <p>For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above.</p> <p>Check # _____ Check amount \$ _____</p> <p>Make checks payable to Mesa Public Schools/Skyline Football Camp.</p> <p>For office use only: D1304a Q5 2018</p>
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