



# 2019 Strength and Conditioning Camp

## March 19 – May 16



<b>GRADES:</b>	6 <sup>th</sup> - 12 <sup>th</sup> graders for the 2018-2019 school year
<b>LOCATION:</b>	Skyline High School
<b>FOCUS:</b>	Strength and Conditioning Camp (Increase body strength and improving foot quickness)
<b>DATES:</b>	March 19 <sup>th</sup> through May 15 <sup>th</sup>
<b>DAYS:</b>	Tuesdays and Thursdays
<b>TIME:</b>	4:30pm – 6:30pm
<b>FEE:</b>	\$50 online - \$60 in the bookstore
<b>CONTACT:</b>	Coach George Hawthorne: ghawthrone@mpsaz.org

Save \$10.00! REGISTER ONLINE at <https://mpswebpay.mpsaz.org> or submit registration and payment to:  
Skyline Bookstore - 845 S. Crismon Rd. Mesa, AZ 85208

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
<b>Parent Signature:</b> _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	

<b>PAYMENT:</b> To pay by debit card or credit card and receive a discount, register online at <a href="https://mpswebpay.mpsaz.org">https://mpswebpay.mpsaz.org</a> . For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above. Check # _____ Check amount \$ _____ Make checks payable to Mesa Public Schools.
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