



Mountain View Cross Country Summer Camps



GRADE LEVEL:	Incoming 4th - 8th graders (should be able to run continuously for 10 minutes)
DAYS:	Monday through Thursday
DATES:	June 11 th – July 26 th
TIME:	6:00 - 7:30 a.m.

GRADE LEVEL:	Incoming 9th - 12th graders
DAYS:	Monday-Friday (Fridays we may meet at different locations to run - TBA)
DATES:	June 11 th - August 3 rd
TIME:	6:00 - 8:00 a.m.

LOCATION:	Mountain View High School Track Entrance
FOCUS:	Cross Country training principles, running form, and conditioning.
FEE:	\$20 online registration \$30 mail in/bookstore
CONTACT:	Ronnie Buchanan 480-472-6955 rsbuchanan@mpsaz.org or Russ McElhaney 480-308-5710 rmcelhaney@mpsaz.org

SAVE \$10, REGISTER ONLINE <https://mpswebpay.mpsaz.org>

or submit registration below to:
Mountain View High School bookstore

Student Name:	Grade: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	
Phone: (H) _____ (C) _____	

I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.

Parent Signature: _____

I give permission to photograph my child during camp participation for publicity use and/or news release. YES NO

Does your child have health conditions/concerns of which staff should be aware? If so, please explain:

PAYMENT:

To pay by debit card or credit card and receive a discount, register online at <https://mpswebpay.mpsaz.org>.

For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above.

Check # _____ Check amount \$ _____

Make checks payable to Mesa Public Schools.

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