

2009-2010 Central All-Region Wrestling Selection

- 103 1.Alex Herrera- Dob
2. Dakota Atwood – Mtn View
HM. Jake Whiting- Highland –
- 112 1.Carlos Lopez- Dob
2. Kevin Boyer- Mtn. View
HM. Matt Lewis-Mesq
- 119
1. Dano Bush - Mesquite
2.Curt Done- Highland
HM. Octavio Penunuri- Mtn. View
- 125 1.Chad Done- Highland
2. Patrick Buck-CDS
HM. Erick Kornbacher- Dob
- 130 1.Brandon McElveen- Mesq
2. Brad Spadafore-CDS
HM. TrevinWaite-Highland
- 135 1.Ryan Campbell- Dob
2. Marcus Corrigan- Mesq
HM. Ryan Cox-CDS
- 140 1.Mike Hamel- Mesq
2. Seth Monty- Mtn. View
HM. Issac Hayes- Dobson
- 145 1.Kevin Thomas- CDS
2. Dylan Hannah- Dobson
HM. Jon Huber- Mtn. View
- 152 1.Ryan Miller- CDS
2. Tate Huber – Mtn. View
HM. Trey Ronayne – Basha
- 160 1.Blake Ortiz – CDS
2. Christian Allen – Highland
HM. Chase Mullenau – Mvt. View
- 171 1.Derek Felton – CDS
2. Tyler Cattey – Gilbert
HM. J.J. Thomas-Dobson

189 1.Sam Fulton – CDS
2. Colten Oliver – Highland
HM. Jon Dillon– Basha

215 1.Jake Smith – Basha
2. Simon Allen – CDS
HM. Tommy Aldrete- Dobson

285 1.Mike Howard – CDS
2. Dhane Cumberledge- Basha
HM. George Avena- Dobson

Co-Wrestlers of the year: Mike Hamel –Mesquite
Derek Felton – Corona Del Sol

Coach of the year: Jim Martinez- Corona del Sol